

Вы услышите 5 высказываний. Установите соответствие между высказываниями каждого говорящего 1-5 и утверждениями, данными в списке A-F. Используйте каждое утверждение, обозначенное соответствующей буквой, только один раз. В задании есть одно лишнее утверждение.

- A. The speaker thinks that sport increases fitness.
- B. The speaker is sure that sport helps to overcome difficulties.
- C. The speaker says that sport can be unfair.
- D. The speaker believes that sport improves your outlook.
- E. The speaker is proud of his level of fitness.
- F. Sport gives the speaker a chance to acquire self-confidence.

Текст для аудирования:

### 1. Fred Tomasino, an amateur cyclist

Racing **has allowed** me to meet and make friends with a number of enthusiasts of varying skill, age, and backgrounds. I have ridden in spectacularly scenic areas that I would not otherwise have explored. I've developed a deeper appreciation of our beautiful planet. My

**fitness**

**has increased**

, my

**weight**

**has decreased**

. Racing has given me an increased sense of individuality.

### 2. Jack, a handicapped basketball player

Basketball has made me forget about my problems, I'm doing what other people are doing and it gives me a great pleasure. I've got a chance to **acquire** self-confidence as I don't feel disabled any more. I'm looking into the future with optimism.

### **3. Tanya, an ex-downhill skier**

... for me sport means a lot ... I spent my best years in sport and I have the best memories of those times, ... and my best friends ... . But ... I also remember that sport can be quite intrusive and unfair. Your coaches are not very interested in what you feel or what you are - they need results and they don't care about anything else. If you have any problems - they forget about you. And sport is real hard ... . You train, and train, and train. It takes all your time, so that you have no time for the disco, or a visit to the theatre, or anything else ... though when you get used to this routine, you start liking it, it's your life and you learn a lot about life.

### **4. Frank Poesy, a handicapped mountain biker**

I'm a handicapped mountain biker. I've lost my left arm just below the elbow. I hold my handlebar with a prosthesis. I took up biking to get back in shape. At first I had trouble handling my old touring bike, so I purchased a mountain bike. I soon became addicted and prefer riding to driving a car. Mountain biking has been a great experience. It's building both my arms. I've been able to **overcome** my difficulties. Other benefits include weight control. I don't drink alcohol any more to relax. And at 36, I feel like 20.

### **5. Ivan Yarygin, Olympic Champion in freestyle wrestling**

Sport has become a part of my life, to be more exact, not a part, but the main concern of my whole life. My way to the top was difficult and thorny. But I don't have any regrets. Thanks to sport my **outlook** on life has **improved**.

### Words to remember:

allow - позволять, разрешать

increase - увеличивать, повысить

decrease - уменьшать, понизить

fitness - физическая форма

outlook - точка зрения, мировоззрение

improve - улучшать

overcome - преодолеть

acquire - приобретать

weight - вес

**Match the words with their definitions:**

- 1) allow a) gain, to come to possess
- 2) increase b) make better
- 3) fitness c) general attitude
- 4) acquire d) make or become larger
- 5) overcome e) how heavy something or somebody is
- 6) weight f) make or become less
- 7) improve g) let somebody do something
- 8) outlook on h) state of being healthy and strong
- 9) decrease i) fight successfully against something

**keys:**

1-g, 2-d, 3- h, 4- a, 5- i, 6- e, 7- b, 8 - c, 9 - f