# 1.

# План – конспект (сценарий) урока по теме:

# OLYMPIC TIDE –ОЛИМПИЙСКИЙ СЕЗОН

Основная цель**:** Систематизировать знания о проведении и участии в зимних Олимпийских играх и проанализировать их значение в жизни всех людей. Креативная цель: Формировать познавательную активность учащихся и расширить их лингвистический и общий кругозор.

Оздоровительная цель: Повысить мотивацию и интерес учащихся к здоровому образу жизни и занятию зимними видами спорта.

Развивающие задачи: - Развивать умения восприятия и понимания основного содержания незнакомого текста спортивной тематики на слух.

- Формировать умения извлекать необходимую информацию и понимать основное содержание текста, содержащего спортивную терминологию при чтении незнакомого текста.

- Совершенствовать умения задавать вопросы и отвечать на вопросы по прочитанному тексту индивидуально и группами.

- Отрабатывать навыки пересказа прочитанного или прослушанного текста о спорте.

- Совершенствовать навыки правильного употребления времен действительного и страдательного залога - Present Perfect Active and Passive.

-Обобщение учебного материала по теме «Спорт, здоровый образ жизни».

# Ход Урока:

## 1.Организационный момент –речевая зарядка: «Today our lesson is devoted to the 22nd Winter Olympic Games in Sochi (Russia) in 2014. We are all looking forward and preparing for that great event in the history of our country.

## Could you name any winter sports? Have you ever taken part in winter sports? What is your favorite winter sport? Do you know what half-pipe is? Did you watch biathlon competitions on TV? Can you tell me the name of any famous winter Olympic champion? Do you know what kind of competition Mogul is?

2. Now watch the Presentation about the XXII Winter Olympics in Sochi and say if you would like to participate in such great event and why (why not?)What sports are not familiar to you?

2.

3. Now, look at the blackboard and read the names of some Winter Olympic sports after the teacher : Ученики смотрят на картинки с изображением видов спорта и повторяют слова за учителем:

Mountain skiing Biathlon Skeleton Curling Short-track Bobsleigh Ice-hockey Snowboarding Freestyle Nordic Combined

Do you know all of them? What sports are familiar to you? Would you like to try any of them?

# 5. Now listen to the poem and try to find 7 most important advice given by the author. - Прослушайте стихотворение и найдите 7 важных для себя советов.

# SEVEN VITAL ADVICE.

1. Get up early every day,

Do gymnastics for a while

Have a shower anyway,

Brush your hair up to style.

**2**. Have your breakfast, at the classes **5**. In the evening, as a rule,

Hungry students - no good, Visit water pool or gym,

Walk to school without buses, Play a football match, it`s cool,

You will have a perfect mood. Have a run or have a swim.

**3**. In a hot and stuffy weather **6**. When your mother calls for dinner

Don`t drink beer, any booze, Hurry up, don`t miss your chance.

You will feel as light as feather, You will be a lucky winner

LIke a pair of new shoes. Eating healthy meal not once.

**4**. Please avoid the smoking people, **7**. If you follow my advice,

Breathe fresh air in the park. You will need no nappy,

You will save your lungs from cancer, You will grow strong and nice,

Clean your body from the staff. Beautiful and happy!

## 6. Read the article about Sochi and other Russian cities and how they prepare for the Olympics. While reading, open the brackets and choose “have” or “has” in the Present Perfect construction.-Вставьте вспомогательные глаголы Настоящего Совершенного времени.

# VOLUNTEER SEASON

## Choose “have” or “has”.

**3.**

February 2014 isn`t so far as it may seem to be. A lot of preparations (have, has) been already made by the International Olympic Committee. A number of new Olympic objects (have, has) been constructed in the host country. They are almost ready to meet thousands of impatient fans and sportsmen in Sochi. Special bright Olympic mascots (have; has) been chosen by open public TV viewers voting. Over 1.5 mln people (have, has) taken part in it. They (have, has) given their voices for a snow leopard, white bear and white hare. Paralympics athletes (have, has) also made their decision and chosen a snow flake as their official mascot in Sochi.

Popularity of sport, equality of both sexes and a great influence of sport on human health (have, has) become vital factors for the introduction of some new sports into the 2014 Olympic Program.

A special training program for Olympic volunteers (have, has) been undertaken in big Russian cities that would like to send their representatives to organize a great sports event in Sochi. Language training courses are available for those who are eager to take part in that volunteer movement.

The heart of the next winter Olympics (has, have) been totally changed, reconstructed and got some new stadiums, sports centers to host tremendous guests in 2014. “Gasprom” Company (have, has) taken an active part in the construction of the Mountain Tourist center for biathlon and cross country competitions. The state Corporation “Olympstroi” is responsible for racing tracks, transporting ways and Karusel Hotel Complex.

## 7. Listen to the article about Free Style and answer the questions.-Ответить на вопросы по прослушанному тексту - аудирование.

# FREE STYLE.

Free Style is often called Ski Acrobatics. It is a kind of mountain skiing. Free Style includes 3 events: ski ballet, mogul and acrobatic ski jumping. In ski ballet sportsmen descend a gentle slope to music and demonstrate sliding elements, turnings and jumps. Men and women take part in Free Style competitions.

The first ski Sault was made by the American athlete John Carleton in 1924. Many people compare Free Style with the circus. Free Style favourites are the sportsmen from the USA, France, Germany, Switzerland, Sweden, China and Australia.

Mogul and acrobatic ski jumping impress the public most of all with fascinating saults and jumps. Mogul is performed on the uneven track with 27 degrees slope.

## ANSWER THE FOLLOWING QUESTIONS.

1. What attracts public at Free style competitions most of all?
2. What event is performed to music?

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1. Can women take part in Free Style?
2. What kind of track is used for Mogul?
3. Who made the first ski Sault in 1924?

## 8. Listen to the short articles about two winter Olympic sports and discuss in pairs which one is younger, which one is older and which one is more beautiful and popular in Russia and why.-Обсудить виды спорта в диалогах по парам.

## SHORT- TRACK.

Short – Track is a relatively new sport. It was introduced at the Olympics in 1992. It is a kind of skating race performed on a hockey pitch. Falling and competitive fighting are its main features. It has become very popular in the USA.Short – Track includes two main events: individual race for 500, 1000 and 1500 meters and a relay race for 3000 and 5000 meters. Both men and women usually take part in the competitions. The sportsmen run counter clock wise around the oval skating rink. Their uniforms include helmets, gloves and protective shields on the knees and shanks. Not more than 4 sportsmen can participate in the relay race.

# FIGURE SKATING

Figure skating is another winter sport popular in many countries. Sportsmen move on the ice rink, make beautiful elements and dance to music. Body coordination and synchronized movements are really appreciated by judges and public. The International Union of Skaters was founded in 1892. Today it includes more than 60 national federations. Figure skating was included into the Olympic Program in 1924. Irina Rodnina, Alexander Zaitsev, Ilya Averbuh, Alexei Yagudin and many other famous Russian sportsmen have won gold, silver and bronze medals at Winter Olympic Games a lot of times.

9. Read the article about two kinds of hockey and find out 5 similarities and 5 differences in them.-Найти 5 различий и 5 совпадений в прочитанных текстах.

# ICE HOCKEY.

Ice Hockey is a team game played on the ice pitch. Each team consists of 5 players and a goalkeeper. They all use wooden hockey sticks to kick the rubber puck inside the opponent`s gate. The winner is the team which scores more goals during 3 periods 20 minutes each. Hockey was started to play in Canada. At the beginning of the 20th century Europeans got interested with hockey too. The International Ice Hockey Federation was founded in Paris in 1908. Then Belgium, France, Great Britain and Switzerland joined it. In 1920 Canadian Iсе

**5.**

Hockey Association joined it as well. Ice Hockey has been played at the Olympic Games since 1924. Women`s teams started to participate in the Olympics in 1998.

# RUSSIAN HOCKEY.

Russian Hockey is played on a bigger ice pitch with a ball. There are 10 players and a goalkeeper in each team. The players move on skates with a high speed. The goalkeepers don`t have any sticks at all. There are only two periods 45 minutes each. Russian Hockey has become an Olympic sport since 1952. It is a good alternative to Canadian Ice Hockey.

1. They are both Olympic sports. 1. Different number of players.
2. They`re played on ice on skates. 2. Different number of periods
3. Sportsmen use wooden Sticks. 3. Played with a puck and a ball
4. There is one goalkeeper. 4. Became Olympic sport at different time
5. It`s played by 2 teams. 5. Started in different countries.

## 10. Let two groups read about Bobsleigh. Each group should ask as many questions on their text as possible.-Работа по группам (вопросы – ответы по содержанию).

# Bobsleigh is a winter Olympic sport. It is a rapid hauling from the mountain along a specially built icy track. Bobs are controlled toboggans. International Bobsleigh Federation (FIBT) was founded in 1923 and united more than 50 national federations. Olympic Bobsleigh competitions have been held since 1924. Motherland of Bobsleigh is Switzerland. English tourist Wilson Smith was the first to combine two toboggans with a board and travelled from St. Moritz to Chellerine. The first Bobsleigh track was constructed in St. Moritz in 1903. It was about 1500 km long. Since that time it has become a Mecca for thousands of sportsmen from all over the world. Bobsleigh World Cups have started since 1924.Since that time Bobsleigh has spread drastically in Europe. A. Voyevoda is a favorite Russian Olympic Champion.

# 11. Listen to the text about Snowboarding and say if you would like to do it or not and explain your choice. - Выразить свое индивидуальное мнение об экстремальном виде спорта, используя лексику урока.

Snowboarding is a young sport. Its name came from the combination of two English words” snow “and “board.” It is a kind of mountain skiing. It includes descending along a special track on the board and making acrobatic jumps from jumping places. The first Snowboarding International Competitions were held in1996. After two more years Snowboarding was included into the Olympic Program. Half Pipe, Gigantic Slalom and cross have been held since 2006. Snowboarding appeared in 1960 when the American sportsman Jay Burton demonstrated

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his skills in public. Skis producing managers got interested with it immediately. There are 5 main disciplines I Snowboarding: Gigantic Slalom (800 – 1000m), Parallel Gigantic Slalom, Slalom, Parallel Slalom Half Pipe (80 m long ). Half Pipe consists of a Wall, Flat, Transition, Vertical, Platform and Entry Ramp. It looks like a big multilayer sandwich made of plastic, glass and wood. Modern snowboard is a highly technological device produced from modern composites.

## 12. Home Assignment: Домашнее задание - Solve a horizontal Puzzle about sport, at home please. – Расшифруй спортивные слова.

1. Solve a Horizontal PUZZLE – Горизонтальные загадки**.**

|  |
| --- |
| **S - - - - - M** |

1. A place where competitions are held.( Stadium)

|  |
| --- |
| **V - - - - - - - - r** |

1. A person who helps to arrange the Olympics.(Volunteer)

|  |
| --- |
| **PA - - - - - - - CS** |

1. Olympic Games for invalids. **(**Paralympics)

|  |
| --- |
| **CE - - - - - NY** |

1. The event of the Games start.(Ceremony)

|  |
| --- |
| **P - - - - W - - - ER** |

5. An athlete who has just got a medal. (Prize-winner)

## 2. Do the quiz about Bobsleigh- Выбери правильные ответы на вопросы о Бобслее.

**1. How heavy is the bob?**

a) 100 kg b) 155 kg c) 165 kg\*

**2. What is the title of the film about Bobsleigh competitions?**

a) Cool Runnings.\*b) Fast Skaters. c) Rapid Dancers.

**3. Who has won 11 Bobsleigh World Cups ?**

a) French. b) Italian.\* c) Russian.

**4. How long is the bob?**

a) 2 m b) 2, 5 m c) 2, 7 m\*

**5. How many crew members can sit in a bob?**

a) 4\* b) 5 c) 6